



shop \$mart



June 5, 2019 - June 18, 2019



Organic Red & Green Grapes
Seedless
Mexico
\$2.99/lb



Organic Asparagus
USA
\$4.99/lb



Local Organic Rainbow Chard
Radical Roots Farm
Keezletown, VA
\$2.49/ea



Friendly City Deli Special
Spring Quinoa Salad
\$6.99/lb



J&L Green Hot Italian Sausage
J&L Green Farm
Edinburg, VA
\$6.99/lb



Beverage of the Month
Gose Colada
Brothers Craft Brewing
\$1.00 off



J&L Green Sausage Patties
J&L Green Farm
Edinburg, VA
\$7.99/lb



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**Cultures For Health
Starter Kits**
.06-1 oz

Up to \$2 Off



**Teeny Tiny Spice Co.
Organic - All Varieties**
2.8 oz

\$1 Off



**Hemp Heart Seeds
Manitoba**
8 oz

\$5.99



**FREE
Co-op
Reusable Bag**

Valid 6/5-6/18 for Co-op Owners.
One redemption per equity share.



Supernatural Sprinkles
Gluten Free, Vegan, Soy Free
2.5 oz

\$5.99



Steve & Andy's Cookies
Organic, Gluten Free
6.3 oz

\$4.99



**Bellwether Farms
Sheep Yogurt**
6 oz

2/\$4.00



Nubian Heritage Bar Soap
All Scents
5 oz

\$3.49



Milkadamia Milk
Unsweetened Macadamia Milk
32 oz

\$3.49



BS Grillin' Co. Relish
Local
16 oz

\$5.99



Repurpose Cups
Compostable
20 ct

\$3.29



**Bluebonnet Vitamin C
Rainforest AnimalZ**
90 ct

\$7.99

UPCOMING EVENTS (check friendlycity.coop for more events and details)



Tasty Thursdays, 3-6pm

Wine, Beer, Cider tastings each week

Saturday June 8

Co-op Kids! Cooking (FREE-register online)

June 2-9

Birthday Week! (Check our events page to win)

June 12

Co-op Learning: Zero Waste Kitchen