



shop \$mart



March 13, 2019 - April 2, 2019



Organic Fuji Apples
USA

\$1.99/lb



Organic Red Beets
USA/Canada

\$1.99/lb



Conventional Avocados
Mexico

\$.99/ea



Friendly City Deli Special
Greek Asparagus Salad

\$6.49/lb



SVO Bone-in Chicken Thighs
Organic, Free Range
Shenandoah Valley, VA

\$3.49/lb



Beer of the Month
Striped Bass Pale Ale
Devils Backbone Brewing Co.

\$1.00 off



J&L Green Pork Chorizo
Sausage
Edinburg, VA

\$6.99/lb



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**Canyon Bakehouse
Gluten Free Bagels**
14 oz

\$4.49



Rising Moon Ravioli
Organic / All Flavors
8 oz

2/\$8



Svelte Protein Shakes
Organic / All Flavors
11 oz

\$1.99



**FREE
Butterscotch
Cookie**

Valid 3/13-4/2 for Co-op Owners.
One redemption per equity share.



Drew's Organic Salsa
All Flavors
12 oz

\$2.99



Ocho Candy Bars
Organic / All Flavors
1.5 oz

2/\$3



Riojana Olive Oil
Organic / Extra Virgin
25.5 oz

\$11.99



Planetary Herbals
Wild Cherry Bark Syrup
4 oz

\$7.99



Blue Crab Bay Co. Soup
All Flavors
15 oz

\$3.99



Namaste Baking Mixes
Gluten Free
16 oz

\$4.99



ProBar Base Protein Bar
All Flavors
2.36 oz

3/\$3.00



Alaffia Hand Soap
All Scents
12 oz

\$3.99

UPCOMING EVENTS (check friendlycity.coop for more events and details)



Wednesday, March 13
Tasty Thursdays, 3-6pm
Thursday, March 14
Saturday, March 16
Saturday, April 13

Make A Terrarium
Wine, Beer, Cider tastings each week
Co-op Expansion Lunch
Co-op Expansion Lunch
Co-op Kids! Cooking Class (free)