



# shop \$mart



January 31, 2017 - February 13, 2017



Organic Beets  
USA

**\$1.99/lb**



Avocados  
Mexico

**\$1.00/ea**



Bulk Cremini Mushrooms  
Organic  
USA

**\$2.99/lb**



Friendly City Deli Special  
Chickpea Tikka Masala

**\$4.99/lb**



Milton's Bacon Sausage  
LOCAL - Chipotle & Cilantro  
Virginia

**\$5.99/ea**

local



Cheese of the Month  
BellaVitano Raspberry  
Wisconsin

**\$4.99**



J & L Green Sausage Links  
LOCAL  
Edinburg, Virginia

**\$6.29/ea**

local



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**Bubbie's Sauerkraut**  
25 oz

**\$5.99**



**Chobani Greek Yogurt**  
All Flavors  
5.3 oz

**\$1.00**



**Veganise**  
Follow Your Heart  
16 oz

**\$4.99**



**FREE**

**Stretch Island  
Fruit Leather**

Valid 1/31-2/13 for co-op Owners.  
One redemption per equity share.



**Gluten Free Bagels**  
Canyon Bakehouse  
14 oz

**\$4.39**



**Clif Kid ZFruit**  
Organic  
7 oz

**\$3.39**



**Flackers Crackers**  
Doctor In The Kitchen  
5 oz

**\$3.99**



**Wild Harvest Turmeric**  
2 Sizes

**25% Off**



**Tanka Wild Snack Stick**  
Cranberry  
1 oz

**\$1.69**



**Panda Licorice Chews**  
All Natural  
7 oz

**\$2.99**



**Teecino**  
Chicory Herbal "Coffee"  
11 oz

**\$7.99**



**Evolution Salt Lamps**

**20% Off**

## wine & food pairing

CO-OP LEARNING



Wednesday February 7, 6-7:30pm

Five wines paired with delicious complementary courses, including a dessert wine  
Presented by Jeff Latchum with Williams Corner Wine \$25/\$20 Owners Register online or in-store

Join us for an evening of fantastic food and wine. On Wednesday, February 7th at 6:00pm, we'll enjoy five wines paired with delicious complementary courses. View the full menu and wine listing on the events page of our website at [friendlycity.coop](http://friendlycity.coop). Presented by Jeff Latchum of Williams Corner. \$25/\$20 for Owners – Register online or in-store to secure your space.

150 East Wolfe Street | Open Daily 8am-9pm | 540.801.8882 | [friendlycity.coop](http://friendlycity.coop)

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